



The Expanding Viewpoint

Jeshua Speaks About: YOUTHING

APRIL 2022

**Editor's Note:*

In these times of seeming heaviness, when the "News" seems to suggest other than peacefulness and Love, we are reminded of an Evening when Jeshua spoke of "Lighter" aspects of human life.

Beloved one, there has been a request that I speak of youthing—instead of aging—to speak of being young. No matter how many years you have garnered to yourself, you are still, in essence, the innocent Child who goes forth to experience and sometimes races ahead of the wind even, allowing yourself to know that you are the wind in expression as well.

There are a few of what you would call secrets to youthing, and the greatest of these is to be in joy, to be as the young child who looks upon everything as a new discovery—"What new thing can I play with; what new thing can I take apart, put back together again; how can I take it apart; how can I put it back together again?"—to be innocent.

Innocent means to not know, not knowing; in other words, not knowing everything that the world teaches you about it, but to be innocent and to be teachable as the young child is, wanting to know.

You have experienced this. What is the first word usually that the small

one comes up with? "Why?" You say, "Well, this is how it is." "Why?" Of course. And you have done that yourself as the small one, always asking, wanting to know more, wanting to know how this all fits together; not only the physical mechanical thing, but how life itself fits together, and going with a certain joy, happiness to be alive.

Many ones, as they gain certain years to themselves, become physically tired, but more than that, mentally and emotionally tired, and they are ready to give up, to turn in the body and say, "I've done enough; I've had enough; I don't need anything more."

But I say unto you that you are ones who have lived the two hundred, five hundred, six hundred more years in physical form, and the years, yes, were as you reckon years even in this timing. So it was not, "Well, Yeshua, I guess it's because the years were just a few days long." No, they were long, but you were so enamored with your creations, so in love with everyone else that you saw, that you were excited.

There was always somewhere else to go, somewhere else to discover, something else to discover, someone else to meet. You could not fit it all in, and you had to keep expressing with the

THIS IS THE MONTH!

For the past two months I have been talking about *this* month and how we will be experiencing a new celebration of the Easter weekend. Jeshua has expressed His desire to share with us the events of that first Easter, why it happened the way it did, what was the deeper meaning of the events, and how it deepens our *daily* experience even now. Beginning with the Last Supper on Thursday Evening, April 14th, 5 p.m. (Pacific Time) Jeshua will share with us the deeper meaning of companionship and support—which we are still being asked to do—and how it impacts our life even now. Were you there? Friday, April 15th, 2 p.m. (Pacific Time) begins with a deepening experience by way of BA Huffman's music, followed by the Crucifixion Experience (5 p.m. Pacific Time). How many lifetimes have you known crucifixion—actual and/or perceived? Have you known crucifixion (perceived) in this lifetime—why and where are you now?

Saturday, April 16th, 2 p.m. (Pacific Time): In the Tomb. Are you alone? Who is with you? Are the Angels attending you? Do they take you somewhere? Rev. Dr. Kimberly Marooney will share the angels' message. Who is your personal angel? Do you have one (or two...)? And at 5 p.m. (Pacific Time) Jeshua will speak about His experience.

Sunday, April 17th Easter 2 p.m.: Jeshua speaks on "Resurrection and Overcoming: Rejoice! The Tomb of the World cannot hold you."

Join us in person at the Unity in the Olympics Church in Port Angeles, WA or on Zoom. *In Love, Judith*

The Expanding Viewpoint

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body until it was the three hundred, five hundred years old so you could experience all that you wanted to know.

Now many of you get to a certain age, as you call it, and you say, "Well, I've been everywhere and I've done a lot in this lifetime, and I guess that's enough," and you start to spend more time sitting and allowing the body not to be very active. Then the mind gives you a message that it thinks it is being retired on a shelf, and this becomes a cycle where the body speaks to you, "Well, we're getting older; we can't do as much as we used to do," and then the mind says to the body, "Well, I guess you're right, and we need to take more naps and sit in the chair, twiddle the thumbs together."

As you will be active, as you will be right out there living in joy, in happiness, finding that every day truly is too short to fit in everything that you want to do—yes, even if it happens to be work, it is always too short to fit in everything that you want to do.

As you will be in joy about it as you were when you were the small one, not knowing that you had to be grown up, mature about everything, you just went with an ease of Being. You just went as the wind goes, free. And the

parents sometimes had to kind of rein you in and say, "Well, wait a second. This is what we are going to do now," and keep some order in the family life.

But truly you were so happy to be alive, so in love with life and with what you could discover, what you could do, how you could paint, how you could draw, how you could put together the words in a certain rhythm of form, how you could make the songs and sing the songs. And the voice would allow you, because you knew it was going to be there for you.

You loved life, you appreciated it, you spoke to it, and it was always there for you because you did appreciate it. Everything that you appreciate grows. Those things that you do not appreciate, they get the message and then disappear from you. Sometimes it is the same with the body, that if you do not appreciate the body it is going to get the message that, "Oh, well, he/she is finished with me, and I guess I'll just find my rocking chair and sit in it."

You have the most wonderful technological help in this time. You are creating it in this incarnation, where if a body part seems to get worn out, you do not even have to go through what you used to do and to re-energize it.

Upcoming Meetings and Events

Apr 2 5:00-6:30 p.m. Saturday Night Live With Jeshua "Your God Is Too Small" In person at 101 Emerald Highlands Way, Sequim, WA and via Zoom. Come meet with your friends and Jeshua.

Apr 7 4:30-6:30 p.m. Book Study: Volume 8: Chapter 7

Apr 14-17 Easter Intensive (Information at www.oakbridgeuniversity.org)

Apr 21 4:30-6:30 p.m. Book Study: Volume 8: Chapter 8

Apr 26 4:30-6:00 p.m. Book Study: Jesus & Mastership: Preliminary pages; Foreword; A Message from Jesus of Nazareth to You, the Reader

May 5 4:30-6:30 p.m. Book Study; Volume 8: Chapter 9

May 7 5:00-6:30 p.m. SNLWJ

May 10 4:30-6:00 p.m. Book Study: Jesus & Mastership: Chapter 1

May 19 4:30-6:30 p.m. Book Study: Volume 8: Chapter 10

May 21 5:00-6:30 p.m. Diving Deeper

You can go to a certain medical building and get a new part. Yes, there is a time of adjustment to it, but it works around, and you have a new part. It works, and you are grateful for it.

And as you are living in the place of gratitude, the body part says, "Oh, she's happy to have me. He's happy to have this new part." It will then function and function well. You have seen this with friends, certain ones who are more easy about life. They expect that life is going to be easy for them, and sure enough, life is easy for them.

You have seen other ones who are the worriers. They start worrying about things even before anything has really materialized and come into evidence, because they "know" that it is going to happen and they are going to have the problem that they are going to have to work with. Sure enough, the problem comes forth, and then they have to work with it.

But you have other ones who say, "Well, I've always had everything fall into place. My family has always been lucky." And then, sure enough, everything falls into place and is easy. So it depends on attitude. Some of it comes as the generational teaching, where you have had families who have said, "Well, we've always been fortunate and we are going to come through life in an easy way."

But for most of you, you have had the families who have said, "Well, life has its ups and downs, probably more downs than ups, and you have to climb every mountain and get up over everything." And you as the small child have said, "But it's not really a mountain; it's only a mole hill; it's only a little bit."

And the parents have said, "You're not looking correctly. Don't you see

how big, how difficult it is?" So after a while of receiving that message, you have bought it and put it into place, and then you get to a certain age and maybe ask, "How about if that isn't true?" You sit with yourself and re-examine all of the messages that you have been given, all of the ones that you have taken to be truth, and you say, "Well, perhaps that is not how it has to be. Perhaps I can see things differently." And you do.



That is the beginning of the process of youthing, where you question all that has been given to you as a truth—lower case "t". You question it and say, "Well, perhaps I can see this differently. Perhaps I can even feel differently about something." Then you try it out, and it works. It is actually a joy to be living. And the body hears you. The body is your creation. It serves you. It listens to you. Whatever you tell the body, that is what it is going to do.

Now, a lot of times you do not realize that you have the power, and you speak to the body, "I'm tired. It's really been a long day. I don't know why the boss growled at me." And then there is the coworker who is always making those funny remarks that really are not humorous. "You know,

it's really a dog-eat-dog world out there, and I have to be ready for it." And the body says, "Oh, I guess he/she is tired," and then the body feels tired.

If, on the other hand, you come home and say, "I had a wonderful day! You want to hear about my day?" hopefully the person in the house does not say no. Quite often that does happen, I know, where one will come in all exuberant about, "My day, it's been so great! You want to hear about it?" And the other person says, "Oh, I have to do this; I have to do that. I'm sorry. I'll listen to you later." But you can always bounce into the house in your exuberance, and it does not matter really whether they accept it or not, because you are living in joy. That is the number one secret about youthing: to live in joy. The rest of the things are important, but the most important is to be happy about your life, about yourself.

It comes back to love, loving yourself, loving who/Who you are. And as we have said many times, our Father creates only good, so therefore look with favor upon what He/She/You have created and brought forth. Even if the body does not seem to serve you quite as easily as you would like it to, allow the positive reinforcement.

Maybe there are parts of the body that do not work as easily as other parts. Praise the ones that do work easily, as you would do with a small child. You look for the moment when the child/person is giving you something that you can praise. You praise that, and you work on reinforcing the positive. You work on seeing the positive.

Now, I know the world message often is how everything is going wrong. "They" are doing terrible things. "They are making decisions that I

don't agree with." "They" are out to get everyone. "They" want to keep their power. Those are messages from the world, and you do not have to buy them. You have bought those messages and paid dearly for them. But this time around, you can say, "Well, that may be someone else's truth. That may be how they live, what they believe, but it's not what I have to believe. I am free," and you are.

"I am free to choose that which I want to have my mind focus upon. I am free to substitute laughter for anger, laughter for self-judgment. The most healing thing that you can ever do is to laugh at self. Whenever you find that perhaps you have made a misstep, try laughter. It erases everything that has come before that which might have been self-judgment, because you are in a good place of accepting, "Well, that's how I am, and it is humorous. I am funny."

There were ones who called me humorous, an old fool or a young fool, whichever, because I said that ones did not have to be in a certain heaviness of how everything was happening to them, how the Romans were being the "they" person and how "they" were in control. It did not and does not have to be a heavy judgment.

In truth, there is no "they" out there to get you. The only one who is orchestrating how you feel about yourself is you. You know how good you feel when you are with someone and they are in joy; they are laughing at things; they are putting forth humor, and it feels very healing; it feels uplifting, and you feel happy to be with them.

And you find yourself laughing, because their laughter is contagious. Then as you laugh, that spreads to another one and another one until finally, if you have ever done this small

experiment, the whole room is laughing and nobody remembers what started it, but it just feels so good to laugh.

The laughter has been put into a routine of teaching called laughter yoga, and it is a very good discipline, not a difficult one, of laughing, of finding that you can laugh, and it can go deeper and deeper every time you laugh. It does not have to be just from the voice box up to the top of the head. You can get down to the real belly laugh; yes, the ho ho ho, and really feel yourself even doubling over with laughter. How long has it been since you did that?



I assign you a piece of homework. Sometime in the next 24 hours allow yourself to get really into a good belly laugh. Find something humorous about yourself. You can find it. You can look in the mirror; not in judgment, but in a way that is humorous. Find something to laugh at about yourself and get really into it. Because, you know, as you start the laughter it becomes contagious even to you, and you begin to feel like, "Oh, gosh, that's really silly. I've got the giggles again. I don't even know what I'm giggling about, but it really feels so good to be giggling. Just like a little kid, I'm giggling again."

Wow! Feel the energy rush that comes with that, just even talking about it. And once you start doing it, if you have anybody around you, they are

going to wonder, "What is she laughing at? What is he laughing at?" They may not find out exactly, but they start giggling; they start laughing, at least smiling, because it feels good.

That is the secret to youthfulness: to be so in love with life, to find yourself even laughing at all of the foibles that happen in every day, taking yourself lightly. Then there is a smile which creeps over the face and starts heading down towards the belly and starts a belly laugh, and you say, "Doggone, but this life is really funny. I never thought it was going to turn out this way, but you know, there's been a lot of twists and turns in this and a lot of humor," and you start laughing.

It allows the very cells of the body to lighten up. And as they lighten up, then they spread the message to the rest of the body, the other cells in the body, and they start thinking, "Well, I guess he/she has decided to live, really truly come alive; no more of this counting the years and saying, "Oh, well, at a certain number of years this is how I should be looking, acting, feeling." None of that, because truly you are never any older than you were when you were first activating the body; never. Every day is a new day. Every day you are born again.

Now, I know you have friends who talk about being born again, but I suggest it not the way that they have to take it, that they are born again in their adoration of me, but born again as the new person who is in love with life, who wants to be here, wants to be living, even those ones whom you may know who are "suffering"—and I use that word advisedly—from what seems to be a terminal illness.

Do you know, they can turn that around. You go see them and say, "Hey, I don't see you being terminal

about anything. I see you being alive. You're still breathing. You're still smiling. Come on, give me a smile; there you go," and they come alive, at least for the time that you are with them, because that is what you are expecting, that is what you are drawing forth with them.

They may get the message, hopefully, that they do not have to be finished with life. Life still has excitement. Life still has packages for them to open up and to be happy about the gift of life. So you speak to them words that say, "Hey, you know, you've still got some packages to open. You've still got some surprises under the Hanukkah bush or the Christmas tree, or your birthday anniversary. You still have surprises in store for you. There is a lot to be living for."

And they may say, "Well, you could be right, but I think I'm finished." And you say, "Well, if that is your choice, so be it." There is no judgment in it, because that one who may choose to release the focus on the body will probably reincarnate. You may even meet them later as they come back as a small one, a young one.

So there is no judgment in it, but you can suggest to them that maybe they want to try something different, and maybe they can reactivate the very cells of the body to be happy in this life, this incarnation that they have made for themselves. But, there is no judgment in it. If they want to be finished, so be it. They will be back again, and that is okay.

The secret to youthing is to have a twinkle in the eye. The secret to youthing is to be happy, to be in love. Know you the feeling: you can remember when you first fell in love. Oh, my goodness, that other person

was such a wondrous being. He looked so handsome. She was so beautiful. There was a glow. And you found yourself being in love in a freedom to express yourself, the true Self of you, to be in love, to go in love.



When you are first in love with someone, it is a secret—well-known—that all of a sudden you are alive, really happy to be alive, and you cannot wait to see that other person, to be in their presence, to ask of them, "What's new with you? Tell me, do you like the way I'm styling my hair?" And you laugh. It is the small things of life that allow you to come alive.

When you fall in love with another one, this is a secret to youthing. Love of self, when you fall in love with yourself, is an even bigger secret that has been held from you. But as you fall in love with yourself you say, "I am a wondrous being. I don't know how I've got to this point in my life, but gosh, somehow it's been a wondrous journey. And I know there's a lot more I'm going to discover about myself and about others, and a lot more I'm going to discover about holy Mother Earth, about the mountains, about the trees, about the streams, the hiking. Where can I go to see something new and different?"

And you will. You will travel to far lands and see something different. You can travel to your mountains. You can travel even to the busy intersection and watch the traffic as it goes by and marvel at the technological "advances" that have been made in your chariots and your horses. I will speak

to you of the miracle of your chariots that have the horses inside, your horsepower. Know you that miracle? Now you put the horses inside. Yes, you do have to feed them a different kind of feed, but they serve you well.

You can stand at a busy intersection and watch all of the traffic whizzing by, all of the people hurrying to get wherever they think they have to be and just behold it, because it is a drama put on just for you and you did not even have to buy a ticket. All you did was go to the intersection and stand there and watch and see what was happening. They put on a show for you.



The same when you are looking at your most wonderful flowers and trees, all of the growing things. How long has it been since you have taken a leaf from a tree and studied the veining of the arteries of that leaf and watched how it puts itself together? How long has it been since you picked the tiny little buttercup and brought it up to look at it really closely? Or the most wonderful dandelion, looked at it and how intricate it is. It is not just a little yellow umbrella. It has all kinds of filaments, yellow ones, and then later on in its process, all of those yellow ones turn to white, and then they go pfff and you watch them.

Some who are in fear of weeds do not like to see the pfff, the miracle of the dandelion, the way it can produce itself and then do the regenerative process of making these most wonderful winged seeds that go everywhere.

Many who want the most perfect landscape are saying, "Oh, not in my garden; no, no." But know you that you can eat the leaves of the dandelion? You can even eat the dandelion itself. Try it sometime. It may not be to your taste buds, or it may. But you can.

Everything is put here by you for your use and your pleasure. So do not look down on any of your creations. Even if you think you have to extract them out of the flower beds because you have made a judgment that they are not beautiful enough, stop and study the weed.

A long time ago you used to know the medicinal properties of every plant, especially of those that you call weeds. Every plant has a medicinal property to help the physical body, and this is something that you used to know. But it has been superseded by the ease of purchasing something that is already processed for you, so a lot of this knowledge has been put on the back shelf. It is not lost to you, but it has been put on the back shelf.

For some of you who are going to be attending the gathering this summer, it is going to be brought forward to remind you of what you used to know. So do not judge. Do not judge the flower, the weed; do not judge yourself. Hold yourself in love, because you are a most wondrous weed. (Smile)

As you have garnered to yourself a myriad of adventures, experiences, you could sit and write a book, a very long book about where you have been, what you have seen, what the experiences have been, the lessons learned from everything, what you have tried over and over, what seemed to bring you pleasure and what seemed to be more of a labor.

You could write volumes, and you are that volume as your friends will look upon you and see that you have a wealth of information, of experiences. So as you take stock of everything that you have learned, all of the things that you have experienced, you will see how wealthy you are.



Youthing—why do you want to youth? You want to be young because it felt good to be young. So I say unto you, you can feel young even though you may have the years that, according to the certain certificate, say that you are probably now into your fifth decade, sixth, even seventh decade, eighth perhaps? Ninth? You can still feel young. All it takes is to believe in yourself, to be happy with yourself, and to say, "Ah, glad to wake up this morning. I can't wait to jump out of bed."

You see how good laughter feels? It allows all of the cells of the body to move around a bit, to wiggle. Know you how good it feels to wiggle the toes? Yes, you take your feet out of those confining sandals and wiggle the toes around a bit and they are happy. Oh, are they happy. Oh, this feels so good. It is like that for all of the cells of the body. Allow them to laugh.

Know that always you are the wondrous holy Child who in Truth never

ages. That holy Child, the innocent Child, is always there. That is the secret to youthing.

So be it.

JESHUA Q&A

SERVING BY LINGERING

We were talking a lot about making transitions. There are those who seemingly want to leave and ask to leave, and yet continue to hang on. So what could you say to them or how could you help someone in that situation?

I would say to them the truth of what they are doing is to be the one that others can help; in other words, they are living a certain "condition" so that other ones can help them with this. If they were not willing to be the presence of whatever that condition is, ones would not have the opportunity to serve. So oftentimes ones will not want to be in the position of being the example that needs to be served, and yet they have agreed before the incarnation that part of what they would do in this present incarnation is to be the object where ones can serve them.

So it is not so much that they are hanging on out of fear, although that sometimes does come into play, but oftentimes ones will be here longer than what they think they should be or what they want to be because they are serving others by being served. So it would be for anyone who is working with such a person to allow them to know that what they are doing is not procrastinating. It is not something to feel guilty about. It is not that if they were more holy they would pass on more quickly. It is that they have agreed that they will be in a position where others can serve them. And if they were not doing that, other ones would not have the opportunity to serve.

AM I ALL HERE?

I was talking to my dad last week about not feeling whole a lot of the time, feeling almost not even all there. It's always a constant. I think I'm learning to live with it, but I know that's not authentic. I just don't feel like I'm complete most of the time.

Right. Now, I would ask of the rest of you, have you ever felt that way, that there was more of you somewhere, and you were trying to get ahold of the rest of you, not quite complete in the way that the world understands completeness? It is a good blessing, truly, because it means you are seeking. It means that you want to know, "What *is* the whole of me? Who am I? Not just in the name that I am called in this lifetime and how people seem to know me, not just as the personality that I have developed over some years, but what more is there? Why am I here? What am I supposed to be doing?"

Well, truly, you are supposed to be living from the place of joy. That is the only "supposed to." The world then piles a whole lot of other things on top and says, "Well, you're supposed to do this, do that, make yourself achieve whatever." But in truth, the bottom line is to be happy, is to be in joy, to be in love, and to share love with the brothers and sisters.

So where you are is a most wonderful threshold of walking into a new room, a new understanding of self. So bless it, know that it is truly a gift, for you are walking into that new room to discover what is there. What does it look like? What is the furniture like? Are there other people in this room? Who am I, and why am I?

You are being blessed by your seeking. So do not put yourself down and say, "Well, I 'should' know all of the

answers." You have all of the rest of this life, and probably some other lifetimes as well, to discover the wholeness of you. You are doing well with it, because you are in love. You find that you love other ones who are in your world. You love your father, you love your brothers, you love the mate that you have chosen.

You have lots of love to give. Give it to them, and receive it back from them, and know that truly they find you worthwhile. See the smile on this one? He knows who you are and he loves that which you are. He sees you developing and claiming more of the love that you are. You are doing well with it, and it is a blessing.

The world is always 180 degrees opposite of the truth of your being. So whenever the world will speak to you and say that you're not doing very well and you should..., etc., know that truly you *are* doing very well, because the world and its voice is always 180 degrees opposite to the truth of your being. That is sometimes how you can judge it, you can evaluate it. You are whole, and you will feel it. Practice.

I will set you a piece of homework. Every day I want you to get a joke book full of happy stories, anecdotes, whatever you call them, and memorize. When the mate comes and you have something to share, tell him a joke. Tell him a funny story. It will do for you what you have just done. It will bring a smile to the face.

RESURRECTION VERSUS RE-CREATION

I think many people have a misconception about your resurrection. You did not actually resurrect the old physical body, but created a new one based on the old blueprint, so to

speak. (Right) So the old body...did it burn up in a flash of light, and that's what made the impression on the Shroud of Turin?

Yes, you could say that (*How could you say it better?*) In truth, there was, in the collective consciousness, a desire to have some proof that truly I was the body that was laid in the tomb. So in order to do that, I allowed the energy to be...what do you call, when you use fire...it didn't burn, but it was etched in a way into the fabric (*Impressed*) Impressed: that is a good word. Yes, it was impressed on the fabric. (*From just the energy, or the energy of Light, or what?*) Well, it was the energy of Light, yes, but...(*The physical body must have just gone, just like that..*) Yes, it is only a thought. The body can be deceased in a thought, that fast. And then it can be changed, resurrected, whatever, with the next thought. And you know how fast a thought can be.

So that is what happened. It burned, impressed, whatever, the outline...this is hard to put into words. There was a desire to leave an impression that I had been there. That sounds rather selfish, individualized. Why? Why, if I knew myself to be always and forever the Christ, why would I want to leave an impression? (*For other people*) Yes, I did. And when I said, "Do this in remembrance of me," I meant it on the level of individuality as well as an example as to what I had taught. Do this in remembrance of my teachings. But I said, "Do this in remembrance of me," of being with you; me as one Yeshu'a. Was I human? YES. Your holy Fathers didn't want that recorded, and yet I left proof that I had been there.

Alright. How...that was like...

It was probably blasphemy. (*But we love it.*)

Okay, then take the case of Lazarus. How was that different? Was it his actual physical body that was brought back? (Yes) Oh, after it was rotting for several days (Yes, we did the healing) We, okay. You say all healing is self healing (Yes) but you kind of facilitated it. (I gave him motivation; let's put it that way. I commanded.

Okay, what will be the process in the case of the nine Heart Family members that Mother Mary some years ago said would resurrect their bodies at their memorial services?

Has it happened yet?

Not that I know of. (Okay, when it happens, you will know.) I think it will just be the Light body, but it's something different yet.

I think you've got it.

NEW AT OAKBRIDGE

Mirian Sanches, who has recently found her path to the Heart Family, has created inspirational piano solos, along with beautiful artwork, and placed them on YouTube for all to see and hear. These were created with gratitude and love in her heart for all to share and enjoy. Having been asked to share a little about her background and her inspirations, she tells us:

"I grew up in São Paulo, a metropolis in the Southeast region of Brazil, a place of rich ethnic diversity and intense cultural life. Having studied music since early childhood, by the age of sixteen I started working as a piano teacher, which became my profes-

sional occupation. I graduated from the University of São Paulo with Artistic Education and Bachelor's Degree in Piano. The teaching activity has allowed a close relationship with students and created a space where joy, love, and acceptance can be shared.



"From an early age, the metaphysical search attracted me and led me to study spirituality from varied spiritual sources. In 2009, finding *A Course in Miracles* was a turning point, anchoring my focus and reviving my loving relationship with Jeshua. In December 2021, I gladly discovered Judith Coates' books and soon joined the Oakbridge University Family and from the start felt at home, having encountered kindred spirits.



"The creative arts have always been a great attraction to my heart, allowing the opportunity for self-expression

through music, poetry, photography, and digital art. My visual works concentrate primarily on expressing feelings and moods rather than reproducing objective reality, often using non-objective aesthetics in abstract or semi-abstract creations. Spirituality, nature, poetry, and music inspire me. In Judith's words, 'You are an artistic midwife who can speak to the soul of each person journeying to their Home within.'

Recently, with great joy, I started creating videos with the contents of Oakbridge University Jeshua messages as well as meditations and prayers by Eva McGinnis. The perspective of joining them with music and art is opening up an exciting path for a new mode of sacred art. While composing these videos with artwork and music, I open up and ask for Jeshua's help and inspiration. And I do feel His presence here with me, guiding and stirring me in the right direction. I was deeply touched to hear that Jeshua told Judith: 'This artiste plies her trade so well after many lifetimes of knowing her Oneness with sound and visual. She is the true artiste.'

"I love to spread smiles and joy, to seed peace and love. And I seek to hold my vision in the Christ Light: no one is a stranger; everyone is a brother or sister in this wondrous journey of life!

"You are very welcome to visit the Oakbridge University website and YouTube channel. Love and blessings."

Mirian

<https://youtube.com/channel/UCxxMgPNvnCeWFv3hWKqauBg>

www.oakbridgeuniversity.org