

Aurora Crystal Healing Panel Instruction

Hosted By Amethyst Order Christos Guardians

Dear Gentleperson,

This is a basic instruction guide with three blank templates to be printed out for the use of carrying out crystal sessions with the Aurora Crystal Healing Panel. This system is intended for use with Children under age 21 to heal and strengthen their lightbody aura, and this is the suggested companion PDF to the Energetic Synthesis newsletter, [Crystal Healing for Children](#).

About Remote Crystal Healing, Parent to Child

This system is intended to help guide parents who are not established energy healers but feel compelled to help protect and direct spiritually healing energies to their children to help them thrive and grow to be well adjusted adults. This may apply to other guardians of children, such as grandparents, relatives, adoptive family or foster parents, and for use in any spaces or places in which children gather together under adult supervision. Please be aware that the following includes very basic guidelines to help parents get started that are not experts on crystals or energy healing. As a parent, you have superior spiritual support to direct healing energy to protect and support your children, those unique souls stewarded into your care. It is for this reason this system is designed for supporting parents as the priority, yet the system can be easily adapted to support many other situations.

Determine HSP method: First you will need to determine what higher sensory perception method is best for you personally before you carry out a session request. There are two main options suggested, the [Yes or No method or the Pendulum method](#), which is described in the Ascension Glossary. If you have another method that you are proficient with that is fine. You will need some confidence in your personal higher sensory abilities or when using a pendulum to gain a yes, no or not available answers to the queries you pose on behalf of the child's session.

Check for Permission: Whenever we feel guided to be the conduit for God-Christ self to send healing energies on behalf of children, even when they are our own children, we should intend to first connect directly with their highest selves and ask if we have permission to send healing energy. Our intent should be to always follow the guidance of the child's soul-spirit-Christ expression in Natural Law. When using the 12D Christos shield to prepare the healing space, this aligns energies to serve the Natural Laws, which are governed by the Christos unity principles of the Law of One. This in turn will help secure the remote session to deflect undesirable sources of interference.

Facilitator and Self-healing

As an adult or parent that is taking responsibility to heal themselves and facilitate healing for their children, it is important to remember that each adult individual is directly responsible for their own personal spiritual healing. An adult parent can act as Guardian or surrogate for their child's spiritual healing until the age of 21, unless there are other complex spiritual circumstances involved such as physical disabilities which could extend throughout their life span. To support the healing of our children, we will also need to take steps to heal ourselves as their parent. Thus, spontaneous healings may occur to the parent, as well as the child from the existing emotional and spiritual bonds.

Clearing Crystals and Pendulums

Crystals and pendulums should be cleansed when you first acquire or buy them, and after you have used them for specific aura healing or laying a crystal grid. Please be aware that crystals have unique and specific energetic properties, and to be aware of where you acquire your crystals. **Crystals and pendulums will need to be attuned to your specific vibration and intentions.** Sometimes they can be abused by previous owners, such as crystal shop owners or black magicians that use dark rituals to program the crystals for spreading negative forces. In most cases, crystals can be cleansed and healed for serving the Natural Laws of God. When you pray with heart based Krystic intention, using the 12D shield, blessing the crystal, this sets the intention for service to the natural laws of God. Listen to how you feel when handling crystals and trust your inner feelings when using them in personal spaces.

Hold your crystal or pendulum in your right hand over your heart center and say out loud, *"I invoke the eternal light of Christ, Christos unity is my guide, may this crystal be purified in the clearest loving expression of my eternal God Self, One Self."*

Master Amethyst Crystal for Sessions



The crystal healing session may be supported with assigning a master crystal as the physical representation of the Amethyst Order to help guide and amplify the effects of the crystal healing session. As a default setting, the master crystal family assigned for session work are from the Amethyst crystal family.

Any blessed and consecrated Amethyst crystal can act as the energetic placeholder for the Amethyst Order Christos family that is overlighting and supporting the crystal sessions. Intend to bless your Master Amethyst Crystal in the eternal light of Christ, and have it act as your session amplifier on behalf of the Amethyst Order. Have your Master Amethyst Crystal nearby and request that it help you clear the space as God intends, whenever you carry out crystal healing sessions.

Opening Crystal Session

To gain support from the Aurora Crystal Healing Panel system, the facilitator will need to be attuned to the frequencies of the system's organizing law of structure, which is Cosmic Christ Consciousness aligned to the Law of One. Thus, the facilitator must be accepted by the system to uphold loving, positive and benevolent intentions, and to honor the sovereignty of those involved by not imposing or interfering with the soul's spiritual directives to the best of their known ability. Thus, it is suggested to power up and amplify the personal 12D Christos shield or God's spiritual armor to protect your aura and support grounding before and after completing the crystal session.

If this type of session work is new to you, you may notice some fatigue or loss of focus happening during the session. If this happens, you may need to close the session at that point. This kind of focus is like building a muscle and may mean that sessions will be shorter in the beginning, until you get the wing of it.

With the onset of any energetic session, there should always be an opening, then the session content and then a purposeful closing and sealing of the session in the eternal light of God or Christ.

Beloved Holy presence, I open this crystal healing session in true holy love and perfect peace as a divine request to provide spiritual connection, protection and Christos spiritual healing in organic alignment for my/our/their child or children [name or description]. Beloveds, do I have permission to continue or is this request approved?

Suggested Use of the Crystal Healing Panel

Accessing this Crystal Healing Panel system is a consciousness exploration that relies upon your own innate intuitive feeling abilities, so please follow your inner guidance and listen to feeling impressions from your inner Christ self over anything else. You alone know your children better than anyone else, remembering that fact as you ask for crystal energy support while navigating the Crystal Healing Panel. When setting up for a crystal session for a child, have a few print outs ready of the Crystal Healing Panel as a blank template along with a pen or pencil. Choose one of the three provided crystal panel blank templates included in this packet and prepare for the session.

Write in the child's name, date of birth and age of requested healing on the paper to prepare for the energy session. Please be aware that in spiral no time, we can choose to go back to the childhood age of an adult (access inner children), or to a specific age of the child where we are aware that a significant trauma has occurred. This step of requesting crystal healing for multiple ages of the individual is generally for the more advanced energy session worker, and not for the beginner. However, please be aware that the system can be used to support an individual who is currently an adult, by transmitting crystal healing to specific biological ages when that adult was a child under 21.

First, begin to concentrate within for strengthening inner mental imagery or when using a pendulum, intend to scan the individual child's aura remotely by focusing upon them and then looking at the center vertical channel and each chakra gland location, front view to back view and then each side view.

For those more advanced, you can substitute for use with the 12 Tree grid core manifestation body instead of using the template for a child's chakra system. As you are scanning their energy field, ask if there is any crystal energy that is required for healing and rebalancing that chakra energy center, or the dimensional sphere in the 12 Tree grid, or within the overall aura. Intend to scan the body in your mind to identify locations of energy weakness, dark spots, auric holes and tears. Pay attention to inner guidance, messages and where to direct your attention, continue to lead through queries by asking yes or no questions or using your blessed Christos pendulum to gain yes, no or not available answers.

Crystal Infusions or Negative Energy Extractions

Please be aware that there are two main functions of the Aurora Crystal Healing Panel, crystal energy infusions and negative energy extractions. Thus, as a session facilitator you will be either sending crystal infusions or requesting negative energy extractions.

Crystal energy infusions will generally surface in all of the crystals, rocks or metals on the panel, and this may be sensed in some people as energies moving in clockwise spirals throughout the transmission. Please know that generally beneficial healing energy transmissions from person to person will appear to spin clockwise in your inner vision. Although when you ask God and Christos to be in charge of the session, as God would have it be, it is not something you will need to focus upon if your inner vision does not see the energy spiraling.

Dark energy extractions will generally surface in only two items, the black rocks that have been designated for extractions, Obsidian and Hematite. This means if you get a positive test on Obsidian or Hematite, it is a dark extraction that is being requested. Extractions may be sensed moving in a counter clockwise spiraling energy tube with a pulling or magnetizing sensation. Do not worry if this cannot be sensed, it is only a guideline offered for support.

Counting Down Crystal Panel Numbers 1-45

Look at the Aurora Crystal Healing Panel template and either start counting out the numbers of each crystal number 1-45 until you find an affirmative response with a number or intuitively look at each of the crystals by color frequency, or use the pendulum to determine if there is a crystal frequency that registers as affirmative yes.

It is possible to get combinations, as multiple crystal energies like to work together. When receiving an affirmative yes response with a crystal family, intend to send that crystal energy to that location identified in the child's aura or body part. Or use your

pendulum to load up with that particular crystal energy and intend to transmit that specific crystal energy via the pendulum to the area designated for energy healing, using the human body image on the Crystal Healing Panel template as your representative proxy for the individual that you are sending healing crystal energy to.

Please know that the system can send crystal healing energy anywhere you have identified and located for energy healing and fortification, it is not limited to any particular area. Thus, as your confidence grows, you may find yourself sending crystal energies to internal organs, glands, muscles, nervous system, the immune system and any other bodily functions that come up. The template provided that has a blank human body outline can be used to manually draw in organs, glands or body parts in which to send crystal infusions during the session.

There are two options for facilitating crystal infusion transmission. **The first and easiest method is to use the number system by counting until you get an affirmative yes response.** Count down the numbers listed on the crystal panel, and when reaching an affirmative yes answer, say out loud; *Please transmit crystal number [1-45] to beloved [name].*

Imagine that you can see that crystal energy infusion happening in your mind. Pause and wait until the infusion transmission feels complete. **When it is complete ask if the session has ended or if you should continue, yes or no.** Continue to repeat the process, paying attention to inner guidance yes or no answers, and intuitively asking for clearings, extractions, or crystal infusions for the individual as you are guided by your heart and higher sensory perception technique. Crystals have many healing properties and energy themes, so there may be messages you receive on how to best conduct them in the healing session, which can extend to other types of clearings.

This is the second option and is best for the beginner. Now, when you have identified a crystal for energy transmission to a certain area of the body or a body part for that individual, now draw a circle on the image and intend to place the crystal energy where it is needed. Draw a line from the crystal panel picture ending with an arrow pointing to the place in the body, represented by the body graphic image that was indicated for sending crystal energy.

Continue to scan and check if any more crystal energies are needed for energy healing, and with every item you find from your inner scanning of the child's aura, note which crystal energy and where it is needed and then intend to transmit them in the same way. Pay attention to heal aura tears, holes, weakness or dark spots and intend to extract harmful or obsolete items while infusing crystal healing energies for the highest benefit as God intends. The same circled place on the body may need more than one crystal frequency. So, with each item that is identified as weakness in the child's aura or body part, circle the area on the body graphic and then draw a line from the crystal

panel item to the exact place in the body with an arrow pointing to the area designated for crystal healing.

Black Rocks are for Dark Energy Extraction Requests

Please note that the crystal panel has two black rocks on the lower right-hand side, these are Hematite and Black Obsidian. Remember that the black rocks when they are chosen are generally for the explicit purpose of performing extraction-based clearings. An extraction is a clearing removal of implant, foreign object, artificial structures, nanotech, attachment or dark entity.

When a message for extraction has been requested, say out loud; *Thank you [Obsidian or Hematite]. Please extract what is needed and necessary from [name] as God intends it to be.* Imagine that you can see that aligned extraction and clearing from the aura happening in your mind. Pause and wait until the extraction feels complete.

With an extraction request, draw a circle on the body graphic where the extraction is taking place. Then draw a line with an arrow pointing to the black panel items, Obsidian or Hematite. Verify in your mind that this is an extraction, and when you draw the circle on location and the line pointing to the black panel items to emphasize and confirm the extraction request. Please know that Obsidian and Hematite are very helpful for clearing negativity and for grounding but they also hold other healing properties. For the purpose of the Aurora Crystal Healing Panel, they are designated for the primary support of performing extractions by absorbing and sending assorted dark energy collected back into the Earth body for transmutation. Black Obsidian is black lava rock having come directly from a volcano, and is perfect for serving this extraction function.

With an extraction completed, most of the time the area will need to be nourished in the crystal light source to rebalance, heal and seal the area. **Ask if a crystal infusion is needed or necessary to accomplish a complete spiritual healing of the extraction area.** Continue to repeat the process, paying attention to inner guidance, and intuitively asking for clearings, extractions, or crystal infusions for the individual as you are guided by your heart and higher sensory perception technique.

When it is complete ask if the session has ended or if you should continue, yes or no. Continue to repeat the process, paying attention to inner guidance, and intuitively asking for clearings, extractions, or crystal infusions for the individual as you are guided by your heart and higher sensory perception technique.

When the session feels complete, be sure to have the intention to close and seal your session with appreciation to the crystal family, and God.

Beloved Holy Presence, please clear any negative influences as I have permission to represent on behalf of [name]. Please Eliminate, Release, Protect, Set Free through alignment with Self-Sovereignty, connecting to the Zero Point. I request a Simple Triad Sweep, for the final

clearing, to seal the Aura and to Close this Crystal Healing Session. Thank you, God, for this healing session in the eternal love, light and power of Christos!

Intend to amplify and seal your personal Christos shield to ensure your aura has fully disconnected from the healing session and the child's aura or healing subject. Sometimes young children will be hosted in their parent's auric field for additional support when they are weaker or feeling unwell, but this is not appropriate if the crystal healing was conducted for a child or children that are not your own biological or adopted children.

Set Free Command

The Set Free command is to help distinguish individual autonomy for each unique soul involved in the healing session, and this can be said out loud, "Set Free!" to disentangle or clear auric enmeshments as a result of the healing session.

This system is offered to parents and adults to help support their children in order to maintain spiritual alignment and connection with God, and to be inner sustained and protected by your own inner light source. There is nothing more powerful than your direct connection to the God Source and Christos, which is the ultimate spiritual healer. *We pray that the Aurora Crystal Healing Panel being overlit by the Amethyst Order serves you and your children well.*

Peace be with your heart. Peace be with your mind. Peace be with your body. May all be with the Unconditional Love and Perfect Peace held in the eternal light of God and Christ!

And so it is.

Lovingly Provided with GSF Blessings,

Lisa Renee
Amethyst Order Christos Guardians



Graphic by Sequoia

AURORA CRYSTAL HEALING PANEL

For Children up to 21 Years Old

Name: _____

Age: _____

Date of Birth: _____

1.  Amethyst	2.  Herderite	3.  Clear Quartz	4.  Lemurian Seed	5.  Selenite	6.  Silver	7.  Gold			
8.  Rose Quartz	9.  Rhodonite				10.  Pink Tourmaline	11.  Lepidolite			
12.  Blue Lace Agate	13.  Star Sapphire				14.  Lapis Lazuli	15.  Sodalite			
16.  Angelite	17.  Turquoise				18.  Aquamarine	19.  Azurite			
20.  Emerald	21.  Malachite				22.  Green Aventurine	23.  Moldavite			
24.  Imperial Topaz	25.  Sunstone				26.  Citrine	27.  Tiger's Eye			
28.  Amber	29.  Carnelian				30.  Ruby	31.  Red Jasper			
32.  Copper	33.  Pyrite				34.  Smoky Quartz	35.  Pearl	36.  White Howlite	37.  Dragon Stone	38.  Nuummite
39.  Herkimer Diamond	40.  Rainbow Opal				41.  Peacock Ore	42.  Labradorite	43.  Fluorite	44.  Hematite	45.  Obsidian


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20.  Emerald	21.  Malachite					22.  Green Aventurine	23.  Moldavite			
24.  Imperial Topaz	25.  Sunstone					26.  Citrine	27.  Tiger's Eye			
28.  Amber	29.  Carnelian					30.  Ruby	31.  Red Jasper			
32.  Copper	33.  Pyrite					34.  Smoky Quartz	35.  Pearl	36.  White Howlite	37.  Dragon Stone	38.  Nuummite
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