

ORGANIC Gardening

SEED-STARTING PLAN

The spring frost-free date in my garden is _____

CROP	WHEN TO START INSIDE	WEEKS FROM SOWING	SAFE TO SET OUT TIME (RELATIVE TO FROST-FREE DATE)	SETTING OUT DATE
Basil		6	1 week after	
Beets		4-6	2 weeks before	
Broccoli		4-6	2 weeks before	
Cabbage		4-6	4 weeks before	
Cauliflower		4-6	2 weeks before	
Collards		4-6	4 weeks before	
Corn		2-4	0-2 weeks after	
Cucumber		3-4	1-2 weeks after	
Eggplant		8-10	2-3 weeks after	
Kale		4-6	4 weeks before	
Kohlrabi*		4-6	4 weeks before	
Lettuce		4-5	3-4 weeks before	
Melons		3-4	2 weeks after	
Mustard*		4-6	4 weeks before	
Okra*		4-6	2-4 weeks after	
Onions		6-8	4 weeks before	
Parsley		9-10	2-3 weeks before	
Peas*		3-4	6-8 weeks before	
Peppers		6-14	2 weeks after	
Pumpkins		3-4	2 weeks after	
Spinach		4-6	3-6 weeks before	
Squash		3-4	2 weeks after	
Swiss chard		4-6	2 weeks before	
Tomatoes		6-8	1-2 weeks after	

* These crops are usually direct-seeded outdoors, but they can be started inside.